



ISSN: 1388-0209 (Print) 1744-5116 (Online) Journal homepage: https://www.tandfonline.com/loi/iphb20

# Antioxidant, anticholinesterase and tyrosinase inhibition activities, and fatty acids of Crocus *mathewii* – A forgotten endemic angiosperm of Turkey

Fatma Yildiztekin, Said Nadeem, Ebru Erol, Mahmut Yildiztekin, Atilla L. Tuna & Mehmet Ozturk

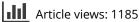
To cite this article: Fatma Yildiztekin, Said Nadeem, Ebru Erol, Mahmut Yildiztekin, Atilla L. Tuna & Mehmet Ozturk (2016) Antioxidant, anticholinesterase and tyrosinase inhibition activities, and fatty acids of Crocus mathewii - A forgotten endemic angiosperm of Turkey, Pharmaceutical Biology, 54:9, 1557-1563, DOI: 10.3109/13880209.2015.1107746

To link to this article: https://doi.org/10.3109/13880209.2015.1107746

4	
_	_

Published online: 25 Jan 2016.

Submit your article to this journal 🕑





View related articles 🗹



View Crossmark data 🗹



Citing articles: 4 View citing articles

#### RESEARCH ARTICLE



# Antioxidant, anticholinesterase and tyrosinase inhibition activities, and fatty acids of *Crocus mathewii* – A forgotten endemic angiosperm of Turkey

Fatma Yildiztekin<sup>a</sup>, Said Nadeem<sup>b,c</sup>, Ebru Erol<sup>b</sup>, Mahmut Yildiztekin<sup>c</sup>, Atilla L. Tuna<sup>a</sup> and Mehmet Ozturk<sup>b</sup>

<sup>a</sup>Department of Biology, Faculty of Science, Mugla Sıtkı Kocman University, Mugla, Turkey; <sup>b</sup>Department of Chemistry, Faculty of Science, Mugla Sıtkı Kocman University, Kötekli, Mugla, Turkey; <sup>c</sup>Department of Herbal and Animal Production, Koycegiz Vocational School, Mugla Sıtkı Kocman University, Mugla, Turkey

#### ABSTRACT

**Context** We report the first ever chemical/biochemical study on *Crocus mathewii* Kerndorff (Iridaceae) – a Turkish endemic angiosperm. This plant has never been explored for its phytochemistry and bioactivities.

**Objective** This study explores *C. mathewii* corm and aerial parts for the chemical and biological properties of hexane, ethyl acetate, methanol and water fractions of the extracts.

**Material and methods** Plant material (20 g) was extracted by methanol (250 mL  $\times$  5, 3 days each) and fractioned into hexane, ethyl acetate, methanol and water. All fractions were subjected to  $\beta$ -carotene–linoleic acid, DPPH', ABTS<sup>-+</sup>, CUPRAC, metal chelating and tyrosinase inhibition activities. Hexane fractions were submitted to GC–MS analysis.

**Results** Ethyl acetate fractions showed excellent  $IC_{50}$  values in DPPH (aerial  $36.21 \pm 0.76$  and corm  $33.87 \pm 0.02 \text{ mg/L}$ ) and ABTS<sup>+</sup> (aerial  $33.01 \pm 0.79$  and bulb  $27.87 \pm 0.33 \text{ mg/L}$ ); higher than the  $IC_{50}$  of the standard  $\alpha$ -tocopherol (DPPH  $116.25 \pm 1.97$ ; ABTS  $52.64 \pm 0.37 \text{ mg/L}$ ), higher than BHA in DPPH ( $57.31 \pm 0.25 \text{ mg/L}$ ), but slightly lower in ABTS ( $19.86 \pm 2.73 \text{ mg/L}$ ). Methanol extract of aerial parts also showed higher activity than  $\alpha$ -tocopherol in DPPH ( $85.56 \pm 11.51 \text{ mg/L}$ ) but slightly less ( $72.90 \pm 3.66 \text{ mg/L}$ ) than both the standards in ABTS. Linoleic (aerial 53.9%, corm 43.9%) and palmitic (aerial 22.2%, corm 18%) were found as the major fatty acids.

**Discussion and conclusion** Some fractions of *C. mathewii* showed higher antioxidant activities than the standards. There is a need to explore more about this plant.

#### Introduction

*Crocus* belongs to subfamily Crocoideae of Iridaceae, a family of around 80 genera and almost 1500 species (Goldblatt 1990; Bremer et al. 2009). *Crocus* is a genus of 90 flowering species that are grown from the corm (Wani & Mohiddin 2009); most of the species are cultivated for ornamental purposes. *Crocus* species are native to woodland, scrub and meadows. They grow from sea level to high altitudes in Europe, North Africa, Middle East, Aegean and China (Rudall 1994).

*Crocus* is derived from Greek word 'krokos' that means saffron (*Crocus sativa* L.). *Crocus* species are very important from both a historical and commercial point of view. Harvest and cultivation of *C. sativus* were first documented in the Mediterranean Crete Island (Hogan 2007). Some *Crocus* species are called 'autumn crocus' as they flower in autumn, i.e., September–October.

*Crocus mathewii* Kerndorff, the plant under study, also known as 'Dream Dancer' (Figure 1), was discovered in 1994 by Helmut Kerndorff and Erich Pasche

(Kerndorff 1988) in south Turkey. Its distribution is restricted to a few regions of Taurus Mountain. It grows during long summer days at dry mountain slopes from 400 to 1100 m altitudes. It can be characterized by its corm and whitish flowers with a dark purple zone in the throat (Figure 1). *C. mathewii* was named in the honour of Brian Mathew who was famous as the '*Crocus* guru' (Grey-Wilson & Mathew 1981). He proposed the properties for the taxonomic classification of *Crocus* (Petersen et al. 2008). There was confusion regarding how to differentiate between *C. mathewii* and *C. asumaniae* (Mathew & Beytop 1976). However, taxonomists consider them different species due to their different habitats.

*C. mathewii* is an infant plant to the scientific community. A careful literature survey does not provide any phytochemical investigation or biological activities of this plant. One can expect biological importance of *C. mathewii* after studying its vastly studied sister species. For example, the water:methanol (50:50, v/v)

CONTACT Said Nadeem Saidnadeem@mu.edu.tr Department of Herbal and Animal Production, Koycegiz Vocational School, Mugla Sitki Kocman University, Mugla 48800, Turkey
© 2016 Informa UK Limited, trading as Taylor & Francis Group

#### **ARTICLE HISTORY**

Received 13 May 2015 Accepted 9 October 2015 Revised 17 September 2015 Published online 21 January 2016

#### **KEYWORDS**

ABTS;  $\beta$ -carotene; CUPRAC; DPPH; GC–MS analysis



Figure 1. Image of *C. mathewii* at the time of collection.

extract of C. sativus have been reported to possess better antioxidant activities; even higher than that of tomatoes and carrots (Papandreou et al. 2006). On the contrary, Ramadan et al. (2012) has reported weak antioxidant activity of the ethanol extract of the same plant, although they concluded the extract as non-toxic. Sariri et al. (2011) studied the antioxidant and antityrosinase activities of extract obtained from the methanol extract of C. sativus flowers. They reported the extract as 30% antityrosinase inhibitor, although they stated the extract as antioxidant on the basis of total phenolics present in the extract. Karimi et al. (2010) studied free radical scavenging and ferric reducing activities of the C. sativus stigma and found notable activities, i.e., 68.2% and 78.9%, at a concentration of 300 µg/mL. This plant has also been reported to have antibacterial (Parray et al. 2014) and inhibitory activity on amyloid-β-aggregation (Papandreou et al. 2006).

Based on the medicinal properties of neighbour species, we decided to explore scientific windows on *C. mathewii*. Herein, we report the first scientific work performed on this species that includes the antioxidant, anticholinesterase and tyrosinase inhibitory activities as well as the GC–MS analysis.

# **Materials and methods**

*Crocus mathewii* was collected from Fethiye-Babadag Mountains in Mugla Province of Turkey during October 2014. The plant was characterized by Kenan Akba (MSc) and Ömer Varol (PhD); working at the herbarium of the Biology Department of Mugla University. A specimen (voucher number K.A 625) was submitted at the stated herbarium. About 20 g of the plant was dried by wrapping it in a filter paper for 60 days – unexposed to light.

# **Extraction and fractionation**

Plant material was divided into two parts: corm and aerial parts including flowers. Each part was crushed into small pieces (approx. 10 g of each) and transferred into 250 mL methanol. Extracts were obtained after 3 days and this process was repeated until the solvent became colourless. The crude extract was evaporated to dryness and dissolved in distilled water. The aqueous solution was fractionated into hexane, ethyl acetate, methanol and water.

### Determination of antioxidant activity

All antioxidant activities were performed according to the standard literature procedures with slight modifications (Öztürk et al. 2011). Total antioxidant activity was evaluated using β-carotene-linoleic acid test (Marco 1968). Free radical scavenging activity was determined spectrophotometrically by the DPPH radical assay (Blois 1958). The spectrophotometric analysis of ABTS<sup>++</sup> scavenging activity was determined according to the literature method (Re et al. 1999). Superoxide anion radical scavenging activity was performed according to Liu's method (Liu et al. 1997). CUPRAC antioxidant activity was performed according to Apak's procedure (Apak et al. 2004). The extract was also tested for metal chelating activity on Fe<sup>2+</sup> spectrophotometrically (Decker & Welch 1990). α-Tocopherol and BHA were used as standards in  $\beta$ -carotene-linoleic acid, DPPH, ABTS<sup>++</sup>, and CUPRAC assays. EDTA was used as a standard in metal chelating assay.

#### Determination of anticholinesterase activity

Acetylcholinesterase and butyrylcholinesterase inhibitory activities were measured by the spectrophotometric method developed by Ellman et al. (1961).

### **Tyrosinase activities**

Tyrosinase enzyme inhibitory activity was measured according to Khatib at al. (2005) procedure with slightly

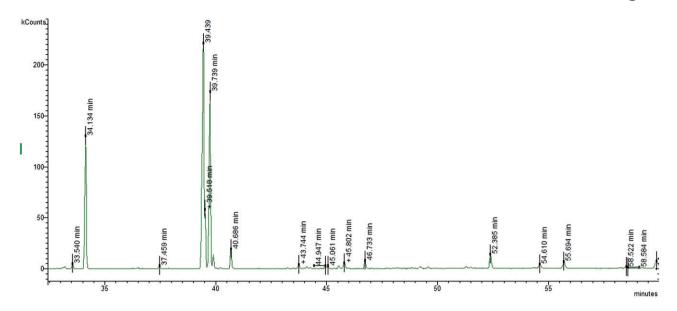


Figure 2. Chromatogram of hexane fraction from the corm of *C. mathewii*.

modified Hearing (1987) spectroscopic method. Mushroom tyrosinase enzyme was used with L-DOPA as a substrate, while kojic acid was used as a standard tyrosinase inhibitor. Kojic acid was used as a standard.

# Fatty acid compositions

#### Esterification of acids

*Crocus mathewii* (20 g) crude material was dried, grind to powder and extracted with 250 mL of hexane ( $6 \times 24$  h) at room temperature. Crude hexane extract (100 mg) was vacuum filtered and dissolved in 2 mL of 0.5 mol L<sup>-1</sup> sodium hydroxide solution. This mixture was heated on a water bath (below 50 °C). Two millilitres of BF<sub>3</sub>–MeOH complex was introduced to the reaction mixture and boiled for 3 min. After cooling, the mixture was diluted with saturated sodium chloride solution (25 mL). The synthesized esters were extracted with *n*-hexane, washed with potassium bicarbonate solution (4 mL, 2%) and dried over anhydrous Na<sub>2</sub>SO<sub>4</sub>. Solvent was evaporated to obtain methyl esters (Gören et al. 2006).

#### Gas chromatography

GC parameters were set according to Topcu et al. (2013). Fatty acids were analyzed according to the procedure of Tel et al. (2013). GC chromatograms of the hexane fractions, obtained from corm and aerial parts of *C. mathewii*, are given in Figures 2 and 3, respectively. Gas chromatography-mass spectrometry

All instrumental parameters to determine fatty acids methyl esters in the samples were set according to the Tel et al. (2013).

### Determination of IC<sub>50</sub> values

The results obtained from biological activities are expressed as 50% inhibition concentration (IC<sub>50</sub>). The sample concentration, which provides 50% biological activity (IC<sub>50</sub>), was calculated from the graph of % activity versus sample concentration.

#### Statistical analysis

Antioxidant and tyrosinase inhibitory activity data (Table 1) are the averages of triplicate analyses. Data were recorded as mean  $\pm$  standard error of mean (SEM). Significant differences between means were determined by Student's *t*-test, while *p* values <0.05 were regarded as significant.

### **Results and discussion**

Hexane, ethyl acetate, methanol and water fractions were obtained from both corm and aerial parts of *C. mathewii*. Separately, 5 g of plant material (combined corm and aerial parts) was boiled in water for 30 min to obtain water boiled fraction; that was used to prepare silver nanoparticles in a separate study. After nanoparticle separation through centrifuge, the remaining fraction was termed as SM1 that was extracted with hexane that yielded another nonpolar fraction SM2.

As a whole, 10 obtained extracts were subjected to antioxidant activities, i.e.,  $\beta$ -carotene–linoleic acid, DPPH, ABTS<sup>+</sup>, CUPRAC and metal chelating activities (Table 1).

Ethyl acetate fraction of corm and aerial parts showed excellent IC<sub>50</sub> values in DPPH and ABTS assays; even the

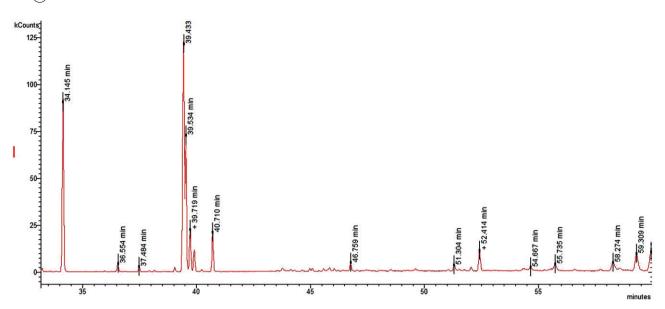


Figure 3. Chromatogram of hexane fraction from the aerial parts of C. mathewii.

Table 1.  $\beta$ -Carotene–linoleic acid, DPPH<sup>-</sup>, ABTS<sup>- $\beta$ </sup>, CUPRAC and metal chelating antioxidant, and tyrosinase activities of the extracts obtained from *Crocus mathewii*.<sup>a</sup>

Samples	$eta$ -Carotene–linoleic acid IC $_{ m 50}$ (mg/L)	DPPH <sup>-</sup> assay IC <sub>50</sub> (mg/L)	ABTS <sup>·+</sup> assay IC <sub>50</sub> (mg/L)	Metal chelating assay IC <sub>50</sub> (mg/L)	CUPRAC assay IC <sub>50</sub> (mg/L)	Tyrosinase IC <sub>50</sub> (mg/L)
A-Hexane	8.69±0.13	8311.00 ± 1483.51	1429.34 ± 212.12	315.85 ± 9.87	296.50 ± 10.61	1658.69 ± 26.30
B-Hexane	$14.47 \pm 0.65$	1003.68 ± 1.12	$1525.14 \pm 5.96$	10 004.82 ± 385.73	280.67 ± 29.02	2239.37 ± 44.08
A-EtOC	$51.88 \pm 2.2$	$36.21 \pm 0.76$	$33.01 \pm 0.79$	591.71 ± 142.10	47.15 ± 2.09	NA
B-EtOC	$15.63 \pm 0.2$	33.87 ± 0.02	$27.87 \pm 0.33$	NA	46.70 ± 2.97	NA
A-MeOH	$59.10 \pm 0.22$	85.56 ± 11.51	$72.90 \pm 3.66$	NA	$145.50 \pm 2.12$	NA
B-MeOH	76.99 ± 11.23	314.33 ± 6.33	$320.99 \pm 5.47$	na	422.33 ± 5.86	NA
A-H <sub>2</sub> O	211.17 ± 19.55	266.38 ± 6.19	439.81 ± 34.70	947.61 ± 120.14	338.67 ± 35.12	NA
B-H <sub>2</sub> O	$393.79 \pm 1.38$	801.02 ± 34.55	1217.90 ± 347.09	947.77 ± 98.10	1001.33 ± 103.38	NA
SM1	$2.26 \pm 0.05$	NA	$200.11 \pm 16.37$	168.20 ± 11.33	344.33 ± 18.72	NA
SM2	NA	NA	990.76±122.76	$107.05 \pm 8.89$	653.53 ± 52.78	NA
$\alpha$ -Tocopherol <sup>b</sup>	$2.10 \pm 0.08$	116.25 ± 1.97	$52.64 \pm 0.37$		$0.85 \pm 0.02$	
BHA <sup>b</sup>	$1.34 \pm 0.04$	57.31 ± 0.25	$19.86 \pm 2.73$		$2.42 \pm 0.01$	
EDTA <sup>b</sup>				$3.47 \pm 0.35$		
Kojic acid						14.07 ± 1.68

NA, not active; BHA, butylatedhydroxyl anisole; EDTA, ethylenediaminetetraacetic acid.

 $^{a}$ IC<sub>50</sub> values represent the means + SEM of three parallel measurements (p < 0.05).

<sup>b</sup>Reference compounds.

values were higher than the standards  $\alpha$ -tocopherol and BHA. In DPPH, the aerial ethyl acetate fraction showed  $IC_{50}$  value of  $36.21 \pm 0.76$  mg/L, while the corm reflected  $33.87 \pm 0.02$  mg/L. This bioactivity is higher than both  $\alpha$ -tocopherol (IC<sub>50</sub> 116.25 ± 1.97 mg/L) and BHA (IC<sub>50</sub>  $57.31 \pm 0.25$  mg/L). Assimopoulou et al. found higher DPPH radical scavenging activities in the methanol extract of C. sativus and assigned the activity to crocin a component found in the stated plant (Assimopoulou et al. 2005). Chen et al. (2008) has also found higher DPPH activities in ethanol extract of C. sativus and found 107 mg/g of  $\alpha$ -tocopherol equivalent. However, Karimi et al. (2010) has claimed that C. sativus collected from Khorasan province of Iran reflected higher DPPH activities; even higher than reported by Assimopoulou et al. (2005) and Chen et al. (2008).

In ABTS assay of ethyl acetate fraction, aerial parts produced IC<sub>50</sub> value of  $33.01 \pm 0.79$  mg/L, while the corm provided  $27.87 \pm 0.33$  mg/L. These values were higher than  $\alpha$ -tocopherol ( $52.64 \pm 0.37$  mg/L) but slightly lower than BHA, i.e.,  $19.86 \pm 2.73$  mg/L (Table 1). Serrano-Díaz et al. (2012) also observed ABTS scavenging activities in *C. sativus* when they were studying the antioxidant activities of flowers and stigmas. Keyhani et al. (2007) studied the corm of *C. sativus* for several days and found better ABTS activity when the root elongated for 6 days.

Among the all tested fractions, both corm and aerial ethyl acetate fractions showed the highest CUPRAC activity (IC<sub>50</sub> mg/L: aerial  $47.15 \pm 2.09$ , corm  $46.70 \pm 2.97$ ), though the values were less than the standard  $\alpha$ -tocopherol (IC<sub>50</sub>  $0.85 \pm 0.02$  mg/L) and EDTA (Table 1). In metal chelating assay, ethyl acetate

fraction of corm did not show any bioactivity, while the aerial part fraction showed lower activity (IC<sub>50</sub> 591.71 ± 142.10 mg/L) than EDTA (IC<sub>50</sub> 3.47 ± 0.35 mg/L). Sariri et al. (2011) used ascorbic acid to measure reducing power of *C. sativus* extract and found 193.91 ± 1.22 of IC<sub>50</sub> (ascorbic acid IC<sub>50</sub>: 15.69 ± 0.08) that was a bit higher than our *C. mathewii*.

Methanol extract of *C. mathewii* also showed quite noticeable antioxidant activities. The aerial parts showed higher activity than  $\alpha$ -tocopherol in the DPPH assay (IC<sub>50</sub> 85.56 ± 11.51 mg/L), while it also reflected ABTS assay value very close to the standards (IC<sub>50</sub> 72.90 ± 3.66 mg/L). On the other hand, this fraction did not show any metal chelating assay activity, the aerial part fraction showed bioactivity that should interest the reader (IC<sub>50</sub> 145.50 ± 2.12 mg/L) (Table 1).

As a whole, hexane, water and methanol fraction of corm showed lower antioxidant activities. It is also quite interesting that the boiled fractions (SM1 and SM2) showed the highest metal chelating activity as compared to the other fractions (Table 2). SM2 showed higher metal chelating activity (IC<sub>50</sub> 107.05 ± 8.89 mg/L) as compared to SM1 (IC<sub>50</sub> 168.20 ± 11.33 mg/L).

Hexane, ethyl acetate, methanol and water extracts obtained from corm and aerial parts were subjected to acetyl- and butylcholinesterase activities. All the extracts showed very less activity against both the enzymes.

Tyrosinase is a multifunctional copper-containing oxidase enzyme that catalyses the first two steps in mammalian melanogenesis. It initiates the enzymatic browning reactions in harvested fruits. Hyperpigmentation is undesirable in human skin similar to the enzymatic browning of fruits. Researchers are in a quest to seek new potent tyrosinase inhibitors that could be safely used in foods and cosmetics (Chang 2009).

A kaempferol isolated from C. sativus has been reported to have tyrosinase inhibitory activity (ID<sub>50</sub> 67 µg/mL, 0.23 mM) (Kubo & Kinst-Hori 1999). In this study, hexane extracts of both corm and aerial parts of C. mathewii showed slight inhibition of tyrosinase activities (Table 1). Aerial parts showed slight higher inhibition  $(IC_{50} \ 1658.69 \pm 26.30 \text{ mg/L})$  as compared to the hexane fraction of the corm (IC<sub>50</sub>  $2239.37 \pm 44.08 \text{ mg/L}$ ). However, both activities were lower than the standard kojic acid (IC<sub>50</sub>  $14.07 \pm 1.68 \text{ mg/L}$ ). The remaining fractions did not show any noticeable inhibition of tyrosinase activity. Sariri et al. (2011) found tyrosinase inhibitory activity with an  $IC_{50}$  value  $9132.55 \pm 278.72$ (ascorbic acid IC<sub>50</sub>: 229.68  $\pm$  1.06) in *C. sativus* that is less than the value observed in C. mathewii in the current study.

GC–MS analysis of the aerial and corm of *C. mathewii* showed 18 fatty acids; among these, 13 were observed in

 Table 2. The fatty acid composition (%) of aerial part and corm of Crocus mathewii.

Fatty acid	Aerial part (%)	Corm (%)
<i>Z</i> -9-palmitoleic acid (C16:1, $\Delta^9$ )	-	0.6
Palmitic acid (C16:0)	22.2	18.0
Hexadecanoic acid. 9-Methly (C17:0)	0.9	_
Margaric acid (C17:0)	0.6	0.4
Z,Z-Linoleic acid (C <sub>18:2</sub> , $\Delta^{9.12}$ )	35.7	38.8
E,E-Linoleic acid (C18:2)	16.2	5.1
Oleic acid (C <sub>18:1</sub> , $\Delta^9$ )	5.6	25.0
Elaidic acid (C18:1)	2.9	1.3
Stearic acid (C18:0)	5.4	2.5
Arachidonic acid (20:4)	-	0.4
Gondoic acid (C20:1)	-	0.9
Arachidic acid (C20:0)	1.2	1.1
Behenic acid (C22:0)	3.4	2.3
Tricosenoic acid (C23:1)	-	0.7
Tricosanoic acid (C23:0)	1.1	1.5
Tetracosenoic acid (C24:1)	-	0.4
Tetracosanoic acid (C24:0)	4.8	1.0
Total saturation	39.6	26.8
Total unsaturation	60.4	73.2
Saturation/unsaturation	0.6	0.4
L/O <sup>a</sup>	9.6	1.8

L/O<sup>a</sup>, linoleic acid-oleic acid ratio.

Bold values show the highest amount of fatty acids obtained from aerial and corm parts.

the aerial parts while 16 in the corm extract (Table 2). There are previous reports on the sister species of C. mathewii that shows more or less similar fatty acids. Yayli et al. (2001) reported 22 fatty acids from Crocus vallicola. Both aerial parts and corm of C. mathewii showed less total saturation (39.6% and 26.8%, respectively) as compared to the total unsaturation (60.4% and 73.2%). In contrast, C. vallicola showed more total saturation than unsaturation (Yayli et al. 2001). Saturation/unsaturation ratio in aerial and corm extracts was found as 0.6 and 0.4, respectively. Linoleic acid/oleic acid ratio was found as 9.6 and 1.8 in aerial parts and corm, respectively. Among the fatty acids, Z-linoleic acid was observed as the most abundant in both aerial (35.7%) and corm (38.8%) extracts of C. mathewii.

A previous study on *Crocus pelistericus* showed palmitic (57.4%) and linolenic (42.6%) acids as the major fatty acids (Jankuloski et al. 2014). On the contrary, we found 53.9% linoleic acid (*Z*-linoleic 35.7%, *E*-linoleic 16.2%) in aerial parts while 43.9% in corm (*Z*-linoleic 38.8%, *E*-linolenic acid 5.1%). In addition, 22.2% and 18.0% palmitic acid was observed in the aerial and corm of *C. mathewii*, respectively.

Other fatty acids observed in *C. mathewii* are *Z*-9palmitoleic acid (C16:1,  $\Delta^9$ ), 9-methlyhexadecanoic acid (C17:0), margaric acid (C17:0), oleic acid (C<sub>18:1</sub>,  $\Delta^9$ ), elaidic acid (C18:1), steraic acid (C18:0), elaidic acid (C18:1), stearic acid (C18:0), arachidonic acid (20:4), gondoic acid (C20:1), arachidic acid (C20:0), behenic acid (C22:0), tricosenoic acid (C23:1), tricosanoic acid (C23:0), tetracosenoic acid (C24:1), tetracosanoic acid (C24:0) (Table 2).

#### Acknowledgements

We are thankful to the Kenan Akba and Ömer Varol for help in plant characterization and the labs at the Department of Medicinal and Aromatic plants, Köyceğiz Vocational School Mugla University for technical support (BAP-15/029).

### **Declaration of interest**

The authors declare no conflicts of interest.

#### References

- Apak R, Güçlü K, Ozyürek M, Karademir SE. 2004. Novel total antioxidant capacity index for dietary polyphenols and vitamins C and E, using their cupric ion reducing capability in the presence of neocuproine: CUPRAC method. J Agric Food Chem. 52:7970–7981.
- Assimopoulou AN, Sinakos Z, Papageorgiou VP. 2005. Radical scavenging activity of *Crocus sativus* L. extract and its bioactive constituents. Phytother Res. 19:997–1000.
- Blois M. 1958. Antioxidant determinations by the use of a stable free radical. Nature 181:1199–1200.
- Bremer B, Bremer K, Chase MW, Fay MF, Reveal JL, Soltis DE, Soltis PS, Stevens PF, et al. 2009. An update of the angiosperm phylogeny group classification for the orders and families of flowering plants: APG III. Bot J Linn Soc. 161:105–121.
- Chang T-S. 2009. An updated review of tyrosinase inhibitors. Int J Mol Sci. 10:2440–2475.
- Chen Y, Zhang H, Tian X, Zhao C, Cai L, Liu Y, Jia L, Yin HX, Chen C. 2008. Antioxidant potential of crocins and ethanol extracts of *Gardenia jasminoides* ELLIS and *Crocus sativus* L.: a relationship investigation between antioxidant activity and crocin contents. Food Chem. 109:484–492.
- Decker EA, Welch B. 1990. Role of ferritin as a lipid oxidation catalyst in muscle food. J Agric Food Chem. 38:674-677.
- Ellman GL, Courtney KD, Andres V, Featherstone RM. 1961. A new and rapid colorimetric determination of acetylcholinesterase activity. Biochem Pharmacol. 7:88–95.
- Goldblatt P. 1990. Phylogeny and classification of Iridaceae. Ann Missouri Botanical Garden. 77:607–627.
- Gören AC, Kiliç T, Dirmenci T, Bilsel G. 2006. Chemotaxonomic evaluation of Turkish species of *Salvia*: fatty acid compositions of seed oils. Biochem Sys Ecol. 34:160–164.
- Grey-Wilson C, Mathew B. 1981. Bulbs, the bulbous plants of Europe and their allies. London, England: Collins.
- Hearing VJ. 1987. Metabolism of aromatic amino acids and amines. Methods Enzymol. 142:154–165.
- Hogan CM. 2007. Knossos fieldnotes. The modern antiquarian; [cited 2015 Sept 20]. Available from: http://www.themodernantiquarian.com/site/10854/knossos.html.
- Jankuloski Z, Arapcheska M, Hajrulai-Musliu Z. 2014. Fatty acid content in stigmas of *Crocus pelistericus*. Food and Agriculture Cost Action FA1101 'SaffronOmics' 2014 Annual Conference, Wageningen, The Netherlands.

- Karimi E, Oskoueian E, Hendra R, Jaafar HZ. 2010. Evaluation of *Crocus sativus* L. stigma phenolic and flavonoid compounds and its antioxidant activity. Molecules 15:6244– 6256.
- Kerndorff H. 1988. Observations of *Crocus* (Iridaceae) in Jorden with special reference to *Crocus moabiticus*. Herberita 44:33–53.
- Keyhani J, Keyhani E, Arzi L. 2007. Alterations in lignin peroxidase and ascorbate peroxidase activities in *Crocus sativus* L. corms exposed to copper. II International Symposium on Saffron Biology and Technology. Acta Hortic. 739:427–434.
- Khatib S, Nerya O, Musa R, Shmuel M, Tamir S, Vaya J. 2005. Chalcones as potent tyrosinase inhibitors: the importance of a 2,4-substituted resorcinol moiety. Bioorg Med Chem. 13:433–441.
- Kubo I, Kinst-Hori I. 1999. Flavonols from saffron flower: tyrosinase inhibitory activity and inhibition mechanism. J Agric Food Chem, 47:4121–4125.
- Liu F, Ooi VE, Chang ST. 1997. Free radical scavenging activities of mushroom polysaccharide extracts. Life Sci. 60:763–771.
- Marco GJ. 1968. A rapid method for evaluation of antioxidants. J Am Oil Chem Soc. 45:594–598.
- Mathew B, Beytop T. 1976. Notes from the royal botanic gardens, Edinburgh. In: Some observations on Turkish crocus. Vol. 35. Edinburgh, United Kingdom: H. M. Stationery Off. p. 61–7.
- Öztürk M, Duru ME, Kivrak S, Mercan-Doğan N, Türkoglu A, Özler MA. 2011. In vitro antioxidant, anticholinesterase and antimicrobial activity studies on three Agaricus species with fatty acid compositions and iron contents: a comparative study on the three most edible mushrooms. Food Chem Toxicol. 49:1353–1360.
- Papandreou MA, Kanakis CD, Polissiou MG, Efthimiopoulos S, Cordopatis P, Margarity M, Lamari FN. 2006. Inhibitory activity on amyloid-beta aggregation and antioxidant properties of *Crocus sativus* stigmas extract and its crocin constituents. J Agric Food Chem. 54:8762–8768.
- Parray JA, Kamili AN, Hamid R, Reshib ZA, Qadric RA. 2014. Antibacterial and antioxidant activity of methanol extracts of *Crocus sativus* L. c.v. *Kashmirianus*. Front Life Sci. 8:40– 46.
- Petersen G, Seberg O, Thorsøe S, Jørgensen T, Mathew B. 2008. A phylogeny of the genus *Crocus* (Iridaceae) based on sequence data from five plastid regions. Taxon. 57:487–499.
- Ramadan A, Soliman G, Mahmoud SS, Nofalc SM, Abdel-Rahman RF. 2012. Evaluation of the safety and antioxidant activities of *Crocus sativus* and propolis ethanolic extracts. J Saud Chem Soc. 16:13–21.
- Re R, Pellegrini N, Proteggente A, Pannala A, Yang M, Rice-Evans C. 1999. Antioxidant activity applying an improved ABTS radical cation decolorization assay. Free Radic Biol Med. 26:1231–1237.
- Rudall P. 1994. Anatomy and systematics of Iridaceae. Bot J Linn Soc. 114:1–21.
- Sariri R, Sabbaghzadeh R, Poumohamad F. 2011. *In vitro* antioxidant and anti-tyrosinase activity of methanol extracts from *Crocus sativus* flowers. Pharmacol Online 3:1–11.
- Serrano-Díaz J, Sánchez AM, Maggi L, Martínez-Tomé M, García-Diz L, Murcia MA, Alonso GL. 2012. Increasing the

applications of *Crocus sativus* flowers as natural antioxidants. J Food Sci. 77:C1162–C1168.

- Tel G, Öztürk M, Duru ME, Doğan B, Harmandar M. 2013. Fatty acid composition, antioxidant, anticholinesterase and tyrosinase inhibitory activities of four *Serratula* species from Anatolia. Rec Nat Prod. 7:86–95.
- Topcu G, Ozturk M, Kusman T, Demirkoz AB, Kolak U, Ulubelen A. 2013. Terpenoids, essential oil composition,

fatty acid profile, and biological activities of Anatolian Salvia fruticosa Mill. Turk J Chem. 37:619–632.

- Wani BA, Mohiddin FA. 2009. Micropropagation of genus *Crocus* – a review. Afr J Agric Res. 4:1545–1548.
- Yayli N, Kiran Z, Seymen H, Genc H, Kücükislamoğlu M. 2001. Characterization of lipids and fatty acid methyl ester contents in leaves and roots of *Crocus vallicola*. Turk J Chem. 25:391–396.