

CASE SERIES

# A different option in vascular bone grafts in the hand and wrist region: Use of a dorsoulnar artery-based osteo-fascio-cutaneous flap: A case series

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Vascularized bone grafts (VBG) are important options for the reconstruction of bone loss in the hands and wrists. Unlike non-vascularized bone grafts (NVBG), the blood circulation of the bone tissue taken from the donor site is preserved in VBGs. Thus, osteoclasts and osteoblasts survive and allow for primary bone union without any creeping substitution, minimizing any resorption of the graft and risk of mechanical failure.<sup>[1-3]</sup> However, VBGs are technically demanding and cause greater donor site morbidities.

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## ABSTRACT

**Objectives:** This study aims to describe our surgery technique and discuss patients treated through the dorsoulnar artery (DUA)-based technique of osseous and osteo-fascio-cutaneous vascularized ulnar bone grafting.

**Patients and methods:** Between January 2011 and January 2015, six male patients (median age: 22.5 years; range, 20 to 24 years) who underwent surgery during which the technique of DUA ulnar bone graft was utilized. One patient with scaphoid nonunion, three patients with Kienböck's disease, and two patients with a traumatic metacarpal defect were retrospectively evaluated. The joint range of motion (ROM), grip strength, Disabilities of the arm, shoulder and Hand (DASH) questionnaire score and Visual Analog Scale (VAS) score, and radiographies before and after surgery were examined. Scintigraphy was performed at 12 weeks postoperatively to monitor the viability of the bone graft.

**Results:** All patients showed improvements in the ROM, grip strength, VAS, and DASH scores. According to the radiographic examination, bone union was achieved in all patients and the scintigraphy revealed that vascularization was detected in the bone tissue.

**Conclusion:** The advantages of DUA-based vascularized bone graft are good bone quality and quantity and versatility due to its long pedicle. The osteo-fasio-cutaneous DUA flap seems to be effective in the treatment of traumatic metacarpal bone defects accompanied by skin loss. The DUA-based vascularized ulnar bone may be a source for scaphoid and lunate biological bone reconstruction.

Keywords: Bone reconstruction, Kienböck's disease, scaphoid nonunion, vascularized bone graft.

In the literature, it has been reported that some of the bone sites from which pedicled VBGs are obtained include the distal radius, ulna, carpal bones, and metacarpal bones.<sup>[4-10]</sup> In addition, the literature on grafting also includes studies that refer to free VBGs from the metatarsals and medial femoral condyle. Grafts obtained from the distal radius are usually the preferred option for scaphoid and lunate bone reconstructions, while grafts obtained from other metacarpals are preferred for metacarpal bone reconstructions. However, distal radius as a donor site for scaphoid and lunate biological bone reconstruction has some constraints to be considered, as in previous surgeries distal radius vasculature might be disrupted.<sup>[11]</sup> Also, the pedicle length may limit its reach to the recipient site; as a result, radial styloidectomy may become inevitable.<sup>[5]</sup> Another constraint to consider about the hand and wrist as a donor site is the possible need for osteo-fasciocutaneous flaps for skin losses accompanying the bone defect.

Becker and Gilbert<sup>[12]</sup> first described in 1988 a 1 to 1.3-mm diameter artery that rises from ulnar artery deep to flexor carpi ulnaris and supplies the skin and the fascia in the distal two thirds of the ulnar side of the forearm, and a flap based on this vessel can repair defects in the dorsal and palmar aspects of the hand and wrist, the thenar and the hypothenar eminence. Anatomical studies have demonstrated that the ulnar artery gives rise to the dorsal ulnar branch which is approximately 4.1 cm (3.2 to 5.5 cm) at a mean distance proximal to the pisiform bone. Then, it gives off a muscular branch, an osseous one, and a cutaneous one. The cutaneous branch is divided into two branches: an ascending branch and a descending one. The descending branch is anastomosed with a deep arch in the volar after passing through the posterior of the pisiform bone (Figure 1). Distally based flaps are elevated with respect to these anastomoses. With the inclusion of the descending branch, the pedicle length can reach up to 6 cm, and a pedicle diameter of 1.06 mm (0.65 to 1.64 mm) can be observed.<sup>[13]</sup> Subsequently, the pedicle can be extended by modification of the distal base.<sup>[14,15]</sup> In 2004, Choupina et al.,<sup>[16]</sup> for the first time, illustrated how this applied as an osteocutaneous flap in a patient with a metacarpal bone and soft tissue defect.[16]

In the present study, we summarize the surgical technique of the dorsoulnar artery (DUA) osteo-fascio-cutaneous flap for VBGs and its clinical results in the treatment of patients with Kienböck's disease, scaphoid nonunion, and traumatic metacarpal bone defects. The study for the first time provides a detailed explication of the utilization of this VBG in the treatment of Kienböck's disease and scaphoid nonunion. The aim of the study was to

#### PATIENTS AND METHODS

This retrospective study was conducted at Sultan Abdülhamid Han Training and Research Hospital between January 2011 and January 2015. The data obtained from the patients aged between 18 and 59 years who underwent DUA-based flap surgery were retrospectively analyzed. Of the patients, those receiving the treatment of DUA-based flaps with vascularized bone component were included. Patients with a follow-up duration less than six months were excluded. One case with scaphoid nonunion (undergoing scaphoid nonunion surgery through non-vascularized bone grafting 13 months before; Slade and Geissler Type 5), three cases with Kienböck's disease (one with Lichtman Type 2, two with Lichtman Type 3a), and two cases with traumatic metacarpal defects were selected for the study (Table I).<sup>[17,18]</sup> A written informed consent was





TABLE I   Etiology, age, sex, and time elapsed until surgery of the patients								
Patient	Etiology	Age/Sex	Side	Time till surgery	Classification	Radiologic angles		
1	Scaphoid nonunion	24/Male	Left	28 months	Slade and Geissler type V	Preop.: SL: 65°, RL: 6°, ISA: 15° Postop.: SL: 48°, RL: 8°, ISA: 13°		
2	Kienböck's disease	22/Male	Right	4 months	Lichtman type 2	Preop.: SL: 36°, RL: 9°, ISA: 15°, CHR: 0.5 Postop.: SL: 32°, RL: 6°, ISA: 15°, CHR: 0.47		
3	Kienböck's disease	22/Male	Left	9 months	Lichtman type 3a	Preop.: SL: 39°, RL: 9°, ISA: 12°, CHR: 0.5 Postop.: SL: 34º, RL: 12°, ISA: 14°, CHR: 0.48		
4	Kienböck's disease	23/Male	Left	6 months	Lichtman type 3a	Preop.: SL: 48°, RL: 11°, ISA: 10°, CHR: 0.48 Postop.: SL: 46°, RL: 12°, ISA: 10°, CHR: 0.5		
5	Traumatic metacarpal bone defect	20/Male	Left	3 days	Gustilo-Anderson type 3C			
6	Traumatic metacarpal bone defect	24/Male	Right	5 days	Gustilo-Anderson type 3C			
Preop: Preoperative; Postop: Postoperative; SL: Scapholunate angle; RL: Radiolunate angle; ISA: Interscaphoid angle; CHR: Carpal height ratio.								

obtained from each patient. The study protocol was approved by the Istanbul Prof. Dr. Cemil Taşcıoğlu State Hastanesi Ethics Board (No: 48670771-514.10). The study was conducted in accordance with the principles of the Declaration of Helsinki.

All the patients were male. The median age of the patients was 22.5 (range, 20 to 24) years. The joint range of motion (ROM) was measured by goniometry, and grip strength was measured by Jamar<sup>®</sup> dynamometer (Sammons. Preston, Rolyon, Bolingbrook, IL, USA) before and after surgery. In addition, the Disabilities of the Arm, Shoulder and Hand (DASH) and Visual Analog Scale (VAS) scores were calculated. The patients underwent pre- and postoperative anteroposterior and lateral radiographies on a monthly basis until the sixth month to display scapholunate angle, radiolunate angle, and interscaphoid angle for scaphoid nonunion. The carpal height ratio for Kienböck's disease was evaluated pre- and postoperatively (Table II). A postoperative 12<sup>th</sup> week scintigraphy was performed to monitor the viability of the bone graft.<sup>[19]</sup> The patients' lack of any complaints about pain or tenderness and the radiographic proof of the existence of bridging callus at fracture sites were regarded as indicators of union.

TABLE II   The VAS and DASH scores, grip strength, time to return to work, and ROM of the involved joint of patients								
Patient	Etiology	VAS score	Wrist*/MP active flexion/extension	Wrist radial/ulnar deviation	Grip strength (kg)	DASH score	Time to return work	
1	Scaphoid non-union	Preop.: 7	Preop.: 15%/15°	Preop.: 10°/15°	Preop.: 30	Preop.: 54.3	6 months	
		Postop.: 1	Postop.: 30°/30°	Postop.: 10°/15°	Postop.: 35	Postop.: 32.5	omonths	
2	Kienböck's disease	Preop.: 7	Preop.: 30°/15°	Preop.: 15°/15°	Preop.: 35	Preop.: 50	4 months	
		Postop.: 3	Postop.: 30°/45°	Postop.: 10°/20°	Postop.: 43	Postop.: 26.7		
3	Kienböck's disease	Preop.: 8	Preop.: 45°/45°	Preop.: 15°/10°	Preop.: 25	Preop.: 53.3	5 months	
		Postop.: 1	Postop.: 45°/45°	Postop.: 10°/15°	Postop.: 31	Postop.: 28.3		
4	Kienböck's disease	Preop.: 6	Preop.: 40°/15°	Preop.: 10°/10°	Preop.: 45	Preop.: 54.3	4 months	
		Postop.: 2	Postop.: 45°/30°	Postop.: 10°/10°	Postop.: 48	Postop.: 22.5		
5	Tr. MC bone defect	Preop.: 9	Preop.: 45°/-40°		Preop.: 0	Preop.: 73.3	9 months	
		Postop.: 2	Postop.: 70°/-30°		Postop.: 25	Postop.: 22.5		
6	Tr. MC bone defect	Preop.: 9	Preop.: 55°/-45°		Preop.: 0	Preop.: 67.2	9 montho	
		Postop.: 3	Postop.: 70°/-10°		Postop.: 32	Postop.: 15.8	omontins	

VAS: Visual Analog Scale; DASH: Disabilities of the Arm, Shoulder and Hand; ROM: Range of motion; MP: Metacarpophalangeal joint; Preop.: Preoperative; Postop.: Postoperative; Tr.: Traumatic; MC: Metacarpal.

### Surgical technique

A tourniquet was applied to all patients after the upper extremity was elevated for 3 min. The tourniquet was, then, inflated in accordance with the patient's blood pressure. For the patients with metacarpal bone and skin defects in the dorsum of the hand, the amount of bone and soft tissue required for surgery was determined after the process of debridement. As for the patient with scaphoid nonunion, an incision was made between the flexor carpi radialis tendon and radial artery. Subsequently, the volar joint capsule was opened longitudinally to gain access to the nonunion area. For the patients with avascular necrosis, the lunate was reached through the dorsal. During the process, after we passed through the fourth extensor compartment, the sensory branch of the posterior interosseous nerve was located and cauterized. The lunate was reached by means of the elevation of the dorsal wrist capsule radially and the tourniquet was, then, deflated.

The ascending branch of the DUA was located with the hand Doppler ultrasound (Huntleigh Sonicaid SD2) during surgery. The reference points for the perforator artery were marked to allow for a length of 2 to 4-cm proximal to the pisiform. A reference line which resembles DUA was drawn across the fourth web to 1 cm from volar to ulna styloid. The flap was designed to remain within the lower one-third of the front arm between the flexor carpi ulnaris (FCU) tendon in the volar and the fourth and fifth extensor digitorum communis in the dorsal. The skin flap in patients with skin and bone defects was designed to be of the appropriate size (max 10 to 20 cm long and 5 to 10 cm wide); on the other hand, in those cases where only the bone component was required, the monitor flap was marked as 2×1 cm in size (pedicle length and diameter data given in Table III). Any skin defect at the flap donor site less than 5 cm wide was closed primarily, whereas any defect in larger sizes required skin grafting.

The tourniquet was inflated again as described before. The incision was initiated in the area around the flap planned, and the muscle fascia was also incised to reach the periosteum. Depending on the amount of bone needed, an area on the ulna was determined (approximately 4×1 cm for the metacarpal; 10×5 mm for the scaphoid and lunate) and the periosteum was cut with a scalpel. Within this predefined area, several holes were drilled with a 1-mm Kirschner wire (K-wire), which were, then, joined together using an osteotome. The pedicle was dissected from proximal to distal with approximately 3-cm wide tissue, including subcutaneous tissue and the aponeurosis of FCU to protect artery and the accompanying veins. It was ensured that the dissection of the pedicle did not extend distal to pisiform. After the flap was elevated, the tourniquet was released, and the bleeding was checked. The most critical task during the flap removal and transportation was to prevent the peeling of the periosteum off the bone. To achieve this, the periosteum was temporarily sutured to the bone with the help of bone tunnels. The tunnels were prepared to be drilled with a 1 mm K-wire at 2 to 4-mm intervals. The flap was rotated from the point that is 1.5 cm dorsal to pisiform proximal pole and was carried to the recipient site either through a subcutaneous tunnel or for large skin flaps through an incision between the donor and recipient sites. The bleeding was checked once again, after the flap was transferred to the recipient site.

In the patients with metacarpal defects, the bone graft was tapered at both ends, placed in a cone-shaped cup into metacarpal remnants and subsequently can be fixed with transverse K-wires, cerclage wires, and/or screws. As for the patient with a defect in the scaphoid bone, bone grafts were placed as a block inside rectangular bone cavities which were prepared in the proximal and distal scaphoid and, then, fixed with a headless compressive screw. In the patients with avascular necrosis in the lunate bone, the inside of the lunate was carved with a burr.

TABLE III   Dorsoulnar artery flap pedicle length and diameter							
Patient	Etiology	Pedicle length	Pedicle diameter (mm)				
1	Scaphoid non-union	5.5 cm	1				
2	Kienböck's disease	5.0 cm	1.2				
3	Kienböck's disease	5.2 cm	1				
4	Kienböck's disease	5.0 cm	1				
5	Traumatic metacarpal bone defect	6.5 cm	1.1				
6	Traumatic metacarpal bone defect	6.0 mm	1.2				

Next, the bone graft was placed inside the lunate and sutured to the periosteal soft tissue with absorbable sutures. The soft tissue components of the flap were, then, sutured to the surrounding tissues. As a final step, the injured area was stabilized with a below-elbow splint (Figure 2).

# RESULTS

The patient with scaphoid nonunion with humpback deformity (with scapholunate angle being preoperatively 65°, and postoperatively 48°) displayed an increase of 15° flexion, 15° extension in wrist motion and a 5-kg increase in the grip strength after surgery (compared with the other side, 64% deficiency of total wrist ROM and 26% deficiency of grip strength persisted). His VAS score was reduced by six points, while the DASH score was reduced by 19.8 points. The patient returned to work six months later (Figure 3). The median wrist ROM of three patients with Kienböck's disease (one patient with ulna 1-mm negative) increased by  $16.7^{\circ}$  ( $15^{\circ}$  flexion,  $1.7^{\circ}$  extension) after surgery. The median grip strength of these patients rose by 5.6 kg (compared to the other side, the median deficiency 53% of total wrist ROM and the median deficiency 12% of grip strength persisted). The median VAS score fell by five points and the DASH score decreased by a median of 27.5 points. The patients returned to work after a median duration of 4.3 months (Figure 4).

For two patients with traumatic metacarpal defect, a median increase of 42.5° (20° flexion, 22.5° extension) was observed in metacarpophalangeal (MP) joint ROM at the injured metacarpal bone, and the grip strength increased by a median of 28.5 kg (compared to the other sides, 55% deficiency of total MP ROM and 36.6% deficiency in the grip strength persisted). The VAS score fell by a median of 6.5 points, and a



FIGURE 2. Surgical technique: (a) Marking of the flap to a Kienböck's disease patient's left arm. (b) Elevated ulnar bone graft with its pedicle. (c) Schematic representation of the flap, dorsoulnar artery can be dissected and ligated just proximal to the site where it ramifies into the descending and ascending branches so that the pedicle length can reach to 6 cm. (d) Elevating bone graft via drill holes. (e) Elevated ulnar bone graft with its pedicle, periosteum is sutured to bone. (f) Schematic representation of the flap; periosteum is sutured to bone, pedicle is raised with the surrounding subcutaneous tissue. (g) Closure of the donor and recipient site.



**FIGURE 3.** Case 1: A 24-year-old male patient with previous scaphoid nonunion surgery with non-vascularized bone graft and headless compression screw reported wrist pain and limited range of motion. **(a, b)** Preoperative posteroanterior (PA) and lateral radiograph images. **(c)** Volar approach to scaphoid (dashed lines showing scaphoid). **(d)** Flap moved to recipient site via subcutaneous tunnel and placed (arrow showing vascularized bone graft, white dashed lines showing monitor flap). **(e)** Intraoperative X-ray image. **(f, g)** Postoperative 10<sup>th</sup> week PA and lateral radiography images. **(h)** Postoperative 10<sup>th</sup> week forearm PA radiography image of donor site. **(i)** Postoperative 10<sup>th</sup> week scintigraphy image. **(j, k)** Postoperative 10<sup>th</sup> week wrist range of motions.



total of 51.1 points of decrease was observed in the DASH scores. These patients returned to work after a median duration of 8.5 months (Figure 5).

All the patients' donor site ulnar bones were healed, and no donor site morbidity was observed. There was one patient with traumatic metacarpal defect that had partial skin necrosis of the osteocutaneous flap. The bone component of the flap was alive, and the patient was treated with a 3×2-cm partial-thickness skin graft. No other complications were seen (Table II).

## DISCUSSION

of motions.

Defects and deformities in bones of the hand and wrist can result from various causes. The primary causes of these bone losses are Kienböck's disease, scaphoid nonunion, Praiser's disease, trauma, and sepsis.<sup>[3]</sup> Although NVBGs are frequently used to fix these types of bone defects, vascularized grafts are preferred for filling and revitalization of ischemic bone tissue and in revision cases. The VBGs have been reported to be superior to NVBGs in animal studies.<sup>[20-23]</sup> Although there is no consensus on the use of vascularized grafts for large defects, the use of such grafts in hand and wrist bone defects in appropriate cases yields highly successful results.<sup>[23,24]</sup> Vascularized grafts are usually applied to patients in our clinic with Lichtman Grade 2 and 3A Kienböck's disease, scaphoid osteonecrosis, scaphoid nonunion accompanied by a proximal pole fracture or a previously failed scaphoid surgery.

Bone grafts based on 1,2 intercompartmental supraretinacular artery (ICSRA) and volar carpal artery (VCA) are frequently used in scaphoid nonunion.<sup>[2]</sup> In Kienböck's disease, 2,3 ICSRA and fourth extracompartmental artery (ECA)-based bone grafts are frequently used.<sup>[2]</sup> The main disadvantage of vascularized grafts made from radial dorsal bone for scaphoid nonunion (1,2 ICSRA) is that it is difficult to correct the humpback deformity in the scaphoid. In addition, radial styloidectomy is usually required to prevent the vascular pedicle from getting entangled and compressed. Although humpback deformities can be fixed more easily with VCA bone grafts, preoperative surgical procedures on the volar face pose a relative contraindication for this graft.<sup>[11]</sup> Although the ulnar artery-based vascularized ulna bone grafts are used for scaphoid nonunion, it is not recommended routinely, as the ulnar artery is sacrificed.<sup>[7]</sup> In our study, we provided three major advantages concerning the treatment of scaphoid nonunion with ulnar bone graft by using the dorsal ulnar artery. First, we obtained a vascularized graft with a stronger and bigger amount of corticocancellous structure, compared to



the vascularized grafts obtained from the radius. Second, the humpback deformity was ameliorated to a greater extent with the surgical incision which was made in the volar face. Finally, VBG's reach to the scaphoid bone became easier thanks to having a longer pedicle.

for extension lag.

The 2,3 ICSRA and 4 ECA-based dorsal radial vascular grafts used in Kienböck's disease are suggested as ideal treatment methods.<sup>[25,26]</sup> Other methods such as vascularized pisiform transfer are reported to be associated with complications of the ulnar nerve.<sup>[8]</sup> Mathoulin et al.<sup>[25]</sup> described volar radius-based grafts for patients that had simultaneous radius shortening osteotomy. Nakagawa et al.<sup>[27]</sup> reported that the choice of graft -dorsal or volar- to be used in Kienböck's disease should be decided on the

basis of the location of the collapse in lunate. Although grafting was made dorsally for all our patients with Kienböck's disease, we observed that, having approximately a 6-cm pedicle length, DUA-based VBGs could reach lunate both dorsally and volarly. In addition, the corticocancellous structure obtained in the vascularized ulnar graft was observed to correct the collapsed parts of the lunate and strengthen the lunate support, particularly in Stage 3a Kienböck's disease patients.

Extremely severe wounds such as those from gunshots result in extensive bony defects which need more complicated treatments. Metacarpal fractures also include damage to the skin and most cases require bone, tendon, and skin reconstruction for which radial artery, ulnar artery, and posterior interosseous artery

(PIA)-based flaps are mainly used.<sup>[28-30]</sup> The PIA flaps were mainly preferred in our clinic for the metacarpal region, as it did not sacrifice the main arteries and the bone component could be added. Chopina et al.,<sup>[16]</sup> for the first time, reported the successful addition of bone component from the ulna to a DUA flap in a patient with a metacarpal bone and skin damage. The DUA flaps make it possible to protect the main arteries from destruction and have a flap length of up to 20 cm and a flap width of up to 6 cm.<sup>[12-14,31-33]</sup> The vascularized corticocancellous graft obtained in this manner could largely cure metacarpal bone defects. Furthermore, the soft tissue component of the flap provides the skin cover. As a result, DUA flaps, whose surgical operation is simpler due to being more superficial, have increasingly become an alternative for PIA flaps in our clinic.

The present study describes the treatment processes of six patients with different diagnoses who were treated with the aforementioned method and who showed improvements in terms of their DASH scores, grip strength, and joint ROM. The primary advantages of this method can be attributed to an easy elevation involved, having a large volume, the presence of a long pedicle and corticocancellous bone. This flap can be a choice, particularly for the revision of scaphoid nonunion that had a failed distal radius VBG surgery and can be an alternative for free flaps as medial femoral condyle. Additionally, since this VBG is diaphyseal, it is mainly cortical and structurally strong, which helps to support the collapsed lunate from whichever side is necessary, dorsal or volar.

The main limitation of the study is that it has a small and heterogenous sample size. Still, there is only one case in the literature in which the DUA-based flap technique was used as an osteofascio-cutaneous flap.

In conclusion, in our study, the treatment processes of six patients were discussed and the indications were expanded for scaphoid and lunate. As a result, the osteo-fascio-cutaneous DUA flap seems to be successful in traumatic metacarpal bone and skin defects. Additionally, DUA-based vascularized ulnar bone may be a source for scaphoid and lunate biological bone reconstruction.

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