

Carbon Microrod Material Derived from Human Hair and Its Electrochemical Supercapacitor Application

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Highlights

•Activated carbon from waste Turkish human hair.

•Activated with Na₂CO₃ at different temperatures.

•HHC-250 samples have microrod shaped porous structure, providing divergent surface functional groups

Article Info

Abstract

Received:01 Apr 2020 Accepted:24 Dec 2020

Keywords

Human hair Supercapacitors Electrochemical application Carbon Microrod Here, Turkish human hair fibers were used as a carbon source at the synthesis of human hairsourced activated carbons (HHC). During the synthesis of HHCs sodium carbonate (Na₂CO₃) was added to the synthesis process for an elevated activation by calcination at different temperatures. Then obtained HHCs utilized for the modification of carbon paste electrode to evaluate the supercapacitance performance of this activated HHC. Electrochemical investigation of the HHC modified electrodes have been carried out by employing differential pulse voltammetry (DPV), cyclic voltammetry (CV) and electrochemical impedance spectroscopy (EIS) measurements. The pore and surface properties and chemical structure of the HHCs were investigated by scanning electron microscopy (SEM), Brunauer-Emmett and Teller (BET) analysis and Raman spectroscopy. HHCs displayed a Type-IV isotherm, which indicates the existence of micromesoporous structure on the surface. Carbonization of the waste hair was performed by calcination to improve the pore facilities at three different temperatures (200-250-300 °C). The sample was named HHC-250 (HHC calcinated at 250°C) exhibited the best charge storage capacity when used at the modification of carbon paste electrode, among other HHCs with a 26.88 F g⁻¹ specific capacitance value (in 6 M KOH at a scan rate of 100 mV s⁻¹). Also, a very attainable supercapacitance stability was achieved from HHC-250 modified electrode after 1000 cycles. The presented electrode system exhibited an energy density of 3.73W h kg⁻¹. This work can serve as a guideline for optimizing the performance of hair like biomass-derived carbons by matching their pore properties and detailed electrochemical performance investigations.

1. INTRODUCTION

Supercapacitors (SC), or electrochemical double-layer capacitors (EDLCs), extend the battery life of the devices and serve as a short-term backup power supply for electrical devices [1] To meet the energy needs of electric vehicles additional researches are particularly focused on electrode material. SCs can receive and distribute energy more quickly than batteries [2]. This means that in electric vehicle applications, a vehicle's charging time is reduced. However, the biggest obstacle to this is that the energy storage capacity of the SCs is very low compared to the batteries [3]. SCs can perform an infinite number of charging and discharging cycles. However, batteries lose their chargeability after reaching a certain number of cycles [4]. SCs have three types: 1) EDLCs, 2) pseudocapacitors, and 3) hybrid capacitors [5]. EDLCs store charge by the non-faradaic mechanism. In this mechanism physical processes dominate the distribution of charges the surfaces [6]. In the field of EDLCs, porous activated carbon [7], onion-like carbons [8], graphene [9,10], carbon nanotubes (CNTs) [11], nanodiamonds and nanosheets, etc. are very popular carbon-based electrode materials [12-16]. Since the energy storage therewithal the capacitance in EDLCs increases generally

according to the affinity of electrolyte ions to the large specific conductive surface of the electrode, the pores of electrode material needed to be amplified [17]. Comperatively activated carbon has been the highly desirable electrode material among the other forms of carbon materials for EDLC applications due to possessing rich micro-, meso- and macropores. [18]. To enhance the pore distribution and increase the surface area of activated carbons, there have been reported many activation studies (ZnCl₂ [19], KOH [20], H₃PO₄ [21]) which are intensively employed at the SCs [22].

The composite electrode structure of the carbon paste electrode gives an easy preparation opportunity to have high capacitance and conductivity with the help of the desired modifier [23]. The carbon paste electrodes have very low cost and provides simple design advantages including modification with various nanoparticles. Its surface is easily renewable. Also, it has very low ohmic resistance and wide potential area [24].

Production of activated carbon through chemical activation and increasing the absorption properties of these modifier materials are commonly reported [18]. In this study, it was also determined that micro/mesopore densities were increased in the Na₂CO₃ treated samples [25]. Na₂CO₃ has the function of promoting carbon atoms [26]. Conventional activated carbon production methods are mainly based on using coal, petroleum or by-products as a carbon source [27]. However, compared with these petroleum originated resins, the biomass (waste)-based activated carbon production ways are preferred as being cost-effective and environmentally friendly [28]. These sources can be multiplied (plant fragments [29-32], coal residue [33], dung [34], bone [35], fungi [36], animal or nutshells [37-39], human hair [40] but among them, hair comes forward with the need of waste management territories in Turkey.

Recycling, waste disposal has been the most important agenda of G20 decisions. Environmental pollution is rapidly increasing due to population growth and urbanization. The vast amount of human hair wastes produced by countless hairdressers in the world, and are disposed of by burning them. Due to the high N content of human hair, this causes the release of some toxic gases as a result of the combustion process and eventually triggers global warming [41].

Otherwise, leaving human hair wastes at waste collection centers causes microbiological health problems due to the organic properties of oily hair follicules. For these reasons, the use of human hair as biomass becomes important.

From the above literature studies, it has been found that human hair is a great activated carbon source with the disulfide bonds. An average hair composition is comprised of about 51% carbon, 21% oxygen, 6% hydrogen, 17% nitrogen, 5% sulfur, and trace amounts of iron, arsenic, magnesium, chromium, and other minerals [42]. In this study, we demonstrate a detailed search on the synthesis and electrochemical behavior of heteroatom-doped carbon materials by the carbonization of human hair [16].

It was found that micro/meso-pore content at low temperatures could be used in many areas in terms of being biocompatible [43]. Thus, waste human hair can be considered as a source in the production of activated carbon [44]. It was concluded that the activation method used was effective for the synthesis of activated carbon [45]. The activation process with Na₂CO₃ is based on the impregnation of material with a Na₂CO₃ solution and heating up to 90-100°C. During the activation process, Na₂CO₃ causes the increment of the carbon content in the activated carbon structure [46]. Only a few investigations have described the development of activated carbon from this type of biomass-based carbon material and its utilization at the electrode modification [43-47]. When the human hair is subjected to heat treatment due to its anisotropic properties, the sulfur pressure in the medulla (the innermost layer of the hair) increases and causes small bangs [48]. Thus, it becomes a porous structure in a short time with low temperatures.

Here we have presented a porous human hair-sourced activated carbon that has been synthesized by a chemical activation method. The pore size and surface area of HHCs were investigated for different activation temperatures. As a result, it was found that optimized HHC-250 showed a high specific surface area and exhibited the best SC behavior when used at the electrode modification.

2. MATERIAL METHOD

2.1. Apparatus

Na₂CO₃ used in the chemical activation process was obtained from Sigma-Aldrich firm. Graphite powder, mineral oil, were purchased from Sigma-Aldrich. Potassium chloride (KCl) was obtained from Merck, so as the following potassium dihydrogen phosphate (KH₂PO₄) and potassium hydroxide (KOH). The metal impregnated HHC was investigated by Rigaku to make Smart Crystallographic analyzer. Before the measurements, the surface of the samples was coated with Au. JEOL Brand JSM 6610 scanning electron microscope (SEM) was utilized for the morphological characterizations of samples. 10 kV acceleration voltage is applied in a vacuum environment. Brunauer, Emmett and Teller (BET) method is applied to determine the pore characteristics, surface area and pore size of the produced HHC by using Quantachrome Instruments Nova 4200. Micro Raman spectroscopy analyses were carried out with Witec Alpha 300 R. For the electrochemical measurements, Autolab PGSTAT 204 potentiostat/galvanostat (Metrohm Autolab B.V.) system donated with NOVA 2.1.4 software is used.

2.2. HHC Synthesis and Activation

In this study, the waste of human hair was rinsed with distilled water and dried. Na₂CO₃ was then used as the chemical activator, which means to improve the pore structure of the waste hair sourced activated carbon. Carbonization of the waste hair was carried out at three different temperatures (200-250-300 °C). The samples were named as HHC-200; HHC-250 and HHC-300. 1/2 (w/w) ratio was applied as a raw material-activator ratio. Carbonization time was determined as 30 minutes. 1 g of waste human hair and 2 g of Na₂CO₃ were weighed and placed in a beaker. Then the resulting mixture was maintained at 105 °C (24 h). The obtained sample was then transferred to the carbonization. It was carried out in an inert nitrogen atmosphere for 30 minutes in a 200 °C tube furnace (100 cc/g, 10 °C/min). After the sample was taken from the oven, it was filtered by washing with distilled hot water to remove the ash. This procedure was repeated three times. The resulting HHC was dried at 105 °C for 24 hours.

2.3. Modification of the Electrodes With HHC, Electrochemical Measurements, and Calculations

The paste of the electrode was prepared by mixing with mineral oil in the ratio of 70:30 (w/w %). The HHC modification is achieved by the addition of optimized amount of HHC into the paste. Autolab PGSTAT 204 potentiostat/galvanostat (Metrohm Autolab B.V.) was employed for the electrochemical measurements. A three electrodes system (platinum electrode (CH Instruments Inc. CHI 111); counter, Ag/AgCl (containing 3.0 M KCl, CHI115); reference electrode and working electrode; HHC composite electrode) was run in 6 M KOH electrolyte. Cyclic voltammetry (CV) measurements were recorded at the scan rate of 5 to 100 mV s⁻¹. Differential pulse voltammetry (DPV) measurements were carried out for the optimizations. EIS was measured in a frequency range of 10^{-1} to 10^4 Hz in 6 M KOH solution.

The paste was prepared as mentioned above, then packed firmly into the Delrin electrode's cavity (3.0 mm diameter, 5.0 mm depth). The surface of the paste filled electrode was polished with a wax-paper to avoid air bubbles remaining on the electrode surface and to prevent poor or irreproducible responses. The surface of the electrode and the measurement medium was renewed before every measurement. Deionized water is used for the solutions. Experiments are conducted at room temperature and triplicated.

The specific capacitance measurements of the electrodes were examined by CV measurements at different scan rates or applying multiple cycles. Specific capacitance (Csp) values were calculated from the Equation (1)

$$C_{Sp} = \frac{1}{m\Delta VS} \int I(V) dV.$$
⁽¹⁾

Herein Csp is the specific capacitance, I is current, S is the scan rate applied, m is the mass of the electroactive species on the electrode surface, ΔV is the potential range, respectively. The specific energy (W h kg⁻¹) was calculated from the Equation (2) [49]

$$E = \frac{1}{2} \left(\frac{1}{3.6} \right) \left(C_{Sp} \Delta V^2 \right). \tag{2}$$

3. THE RESEARCH FINDINGS AND DISCUSSION

3.1. Characterization of HHC Samples

In Figure 1 SEM images of the HHC samples that activated at 200-250-300 °C temperatures in Na_2CO_3 including medium are given respectively. More abundant pores were obtained for the 250 °C treated activation process. Herein, it has been realized that different SEM images obtained for different temperature treatments, especially pore formation are realized mostly at the SEM figure of HHC-250 sample. Hybrid dislocations (cracks in the structure) were formed as a result of explosions in the HHC-250 structure. Such a defect in the structure prevented excessive pore formation. In other examples, the pores in the pore structures did not form in the form of dislocation. The density of the meso-pores is due to them.



Figure 1. SEM and EDS images of HHC samples

Raman spectra of HHC samples different temperatures are given in Figure 2. Here in G and D peaks are defined in the Raman spectra of carbon structures. [50] The intensity of peak G (I_G) refers to regular crystal structures, whereas the intensity of peak D (I_D) refers to irregular crystal structures. Besides, by calculating the I_D/I_G ratio, information about the crystal structure of the produced sample is obtained [51]. At 200-300 °C, it is observed that there is a trend from strip G to strip D. In the spectra of activated samples at 200 and 300 °C, these two strips overlap as a single strip. The peak separation at 250 degrees was clearly observed.



Figure 2. Raman spectra of samples activated under a) 200 °C b) 250°C c)300 °C (Inset: Raman image of carbon activated by Na₂CO₃ nanorod recorded of the incident laser and scattered light)

Adsorption isotherms of ACs obtained from human hair using nitrogen (N₂) gas at 77 K are given in Figure 3. The surface area of HHC-250 was calculated as 10.233 m² g⁻¹ by the Brunauer-Emmett-Teller (BET) method in Table 1. HHC was reacted with Na₂CO₃ and N₂ (g) at different temperatures was burned in a tube furnace and carbonized. The HHCs were then activated by degassing under vacuum at 250 °C.



Figure 3. Adsorption (filled marker) and desorption (empty marker) isotherms of samples activated with a) 200 °C, b) 250, °C c) 300 °C

HHCs displayed a Type-IV isotherm with indicating the existence of micro-mesoporous structures [52] As it is clear from Figure 4 that HHCs were similar in pore size distribution to $1 \sim 1.98$ nm (micro-pores) and $2 \sim 4$ nm (meso-pores).



Figure 4. Pore width distribution results of a) 200 °C b) 250 °C c) 300 °C Na₂CO₃ with DFT-method

Table 1. Surface areas of the AC samples

Sample name	BET $(m^2 g^{-1})$
ннс-200 °С	1.184
ннс-250 °С	10.233
ННС-300 °С	2.423

3.2. Electrochemical Measurements of HHC Electrodes

Since the best surface parameters were obtained for HHC-250 sample the rest of the experiments were carried out by the usage of this sample as a composite modifier. Figure 5 shows the comparison of the voltammograms obtained for different amounts of HHC-250 (1, 2, 4, 6 and 8 % by mass of the electroactive material). Peak currents of the voltammograms showed a linear increase by the amount of the HHC up to 4 % then decreased by 6 % and 8 % HHC-250 additions (Figure 5). Therefore the optimum amount of HHC-250 was determined as 4 % for the upcoming optimizations.



Figure 5. Optimization graph of the effect of HHC-250 amount 1%, 2%, 4%, 6%, 8% in graphite powder (6M KOH solution over a potential range from -1.0 to 0 V, at room temperature)

CV is a commonly used method for the analysis of electrochemical transfer mechanism on the electrode surface. Here the case is an examination of the charge transfer mechanism between the electrode surface and the electrolyte. To explain the charge transfer rate for all of the HHC-200; HHC-250 and HHC-300 modified electrodes were measured at different scan rates of 5 (a), 20 (b), 50 (c) and 100 (d) mV s⁻¹ in Figure 6. Voltammograms were evaluated by the calculation of the peak areas of the completed cycles. These areas are divided into the effective electrochemical active mass of the corresponding electrode in order to achieve specific capacitance (Csp) value. Results showed that (Table 2) the peak areas increased by the increment of the scan rates.



Figure 6. Cyclic voltammograms of HHC samples at a scan rate from a) 5 mV s⁻¹ b) 20 mV s⁻¹ c) 50 mV s⁻¹ 1 d)100 mV s⁻¹

According to the CV measurements, among all modifications HHC-250 revealed the best current increment values for all of the scan rates applied (Figures 6 and 7a). Additionally, Figure 8 shows the increment of electrochemical activity of the HHC-250 modified electrode by the increasing scan rates (5, 20, 50, and 100 mV s⁻¹). It can be seen that the peak area of the HHC-250 modified electrode widened by the increasing rate of the scan. The best result was observed for the highest scan rate of 100 mV s⁻¹. Subsequently, electrochemical activity of the HHC modified electrodes was examined by impedimetric analysis. Two sides of the Nyquist plots were observed compatible with the Warburg model. In Figure 7b, it can be seen that semicircle of the plot gets larger due to the electrons face with a resistance impedance gets higher. Here HHC-250 modified electrodes shows the smallest semicircle part and the slope after semicircle is the highest among other modified electrode is the best for HHC-300). This situation is explained with the charge transfer capability of the electrode is the best for HHC-250 modified electrode. To sum up, HHC-250 modified electrode has shown the best electrochemical behavior and this is attributed to its unique surface properties and electroactive cavities.



Figure 7. a) Cyclic voltammograms of HHC samples at the scan rate from 5 to 100 mV s⁻¹ b) EIS results were measured in a frequency range of 10⁻¹ to 10⁴ Hz in 6 M KOH solution, inset: HHC-250

Typically, such type of exohedral carbons show SBET of only 300–500 m² g⁻¹, and usually reveals with a moderate capacitance range of only 20–100 F g⁻¹. Nevertheless, its high graphitic structure and outer surface area make these materials very convenient for fast charge and discharge applications [53-55]. Recent studies exhibited moderate Csp values (18–137 F g⁻¹) for single-wall and multi-wall CNTs in 6 M KOH aqueous electrolyte [56].

Similar studies with very efficient capacitance values using human hair are available in the literature [57-60]. In these studies, composite materials were created with human hair, either the material itself was used as an electrode [58] or the developed material was used to increase electrochemical activity [59-60]. A wide range of responses from 58 F g^{-1} to 264 F g^{-1} was obtained from these studies. The difference of the presented study from the above-mentioned studies is that the hair activated with Na₂CO₃ is applied directly in the SC structure. It is believed that these first performance outputs, which are obtained when advanced modifications are made as in these studies, can be improved much more.

In theory, if the surface area and electrolyte concentration get higher, obtained capacitance increases. Generally, the double layer capacitance of carbon is 15–50 μ F cm⁻². This value can be changed according to the electrode/solution interface, the type of carbon and its preparation process. If the average value of this 15–50 μ F cm⁻² interval is taken as 25 μ F cm⁻² and the specific area of carbon is assumed as 1000 m² g⁻¹, the ideal attainable capacitance of this carbon would be 250 F g⁻¹. When the accessibility of carbon surface exposed to the electrolyte is prevented just a few tens of F g⁻¹ in EDLC is obtained. The presented carbon possesses micropores essentially consisting of <2 nm in size. This area is often hard or non-accessible for common ions [54].



Figure 8. Cyclic voltammograms of HHC-250 samples at scan rate from 5 to 100 mV s⁻¹

Table 2. Potentiometric capacitances of the HHC samples at different scan rates

Scan Rate (mV s ⁻¹)		C_{SP} (F g ⁻¹) of samples.	
	HHC-200	ННС-250	HHC-300
5	1.59	5.07	3.08
20	4.15	9.84	5.25
50	8.12	18.09	7.79
100	13.46	26.88	14.86

Figure 9 shows the charge/discharge cycling behavior of HHC-250 modified electrode at a constant scan rate of 100 mV s⁻¹ between -1 and 0 V potential values for 1000 cycles. The Csp values are found to be stable even after the 1000 cycles and exhibited Csp repeatability of about 92.66 %. The initial specific capacitance is still maintained and sustainable, suggesting that the HHC-250 modified electrode has excellent charge/discharge ability.



Figure 9. Cyclic stability of HHC-250 electrode at 100 mV s⁻¹, inset shows the comparison of the 1000th CV cycle with the 1st CV cycle at 100 mV s⁻¹

4. RESULTS

 Na_2CO_3 doped AC from waste Turkish human hair was successfully synthesized. Na_2CO_3 doped HHCs were calcinated at different activation temperatures in the range of 200–300 °C. The synthesized Na_2CO_3 doped HHCs were morphologically and electrochemically characterized and applied as a SC material. Among all above mentioned HHC–based materials, HHC-250 samples showed a microrod shaped porous structure plus divergent functional groups attached to the surface and relatively very large specific surface area (S_{BET} =10.233 m² g⁻¹), which contains pore size distribution to 1~1.98 nm (micro-pores) and 2~4 nm (meso-pores). Hybrid dislocations (cracks in the structure) were formed as a result of explosions in the HHC structure activated at 250 °C. The specific capacitance of the HHC-250 modified electrode reached to 26.88 F g⁻¹ Csp value at the scan rate of 100 mV s⁻¹. The developed electrode has stayed stable even after 1000 cycles of charge/discharge operations. As a result, Na_2CO_3 activated HHC at 250 °C obtained from waste human hairs is a providing candidate for SC electrode material applications.

ACKNOWLEDGEMENT

We are very thankful to Mugla Sıtkı Koçman University Scientific Research Project Office for their contribution to this work by providing some of the chemicals with the 17/231 numbered project.

CONFLICTS OF INTEREST

No conflict of interest was declared by the authors.

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